

The background features several large, overlapping abstract shapes in shades of brown, green, and grey. At the top center, there is a black line-art illustration of a leafy branch.

# Welcome To The Student Nutrition Organization

Fall 2022 Semester- Meeting #1

August 29th, 2022



STUDENT  
NUTRITION  
ORGANIZATION

# Our Mission

The Student Nutrition Organization is a great way to get involved with your community and everything that encompasses nutrition and dietetics. We have bi-weekly meetings where we bring speakers of interest within our field of study. We also offer support, fun events, and study sessions throughout the semester!



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# Meet Your Advisor and Officers

**Dr. Mark Kern**



**President: Sarah AlHenaidi**



## **Vice President**



## **Treasurer**



## Secretary



## Professional Outreach



## Public Relations Manager



## Social Coordinator



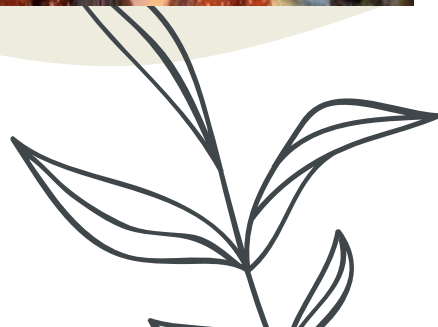
## **Gala Coordinator**



## **Catering Manager**



## **Events Coordinator**



# Becoming a Member & Maintaining Membership

Dues are \$20 if paid by: September 11th

\$25 after, must be paid by October 31st to receive an active member letter for Fall 2022

Please be sure to fill out the membership form AND submit payment

Payments can be made via:

- Venmo (@SNO\_Paige\_Sullivan)
- For cash or check, email [sdsu.sno.treasurer@gmail.com](mailto:sdsu.sno.treasurer@gmail.com)

Paige Sullivan

@SNO\_Paige\_Sullivan



**venmo**



# Membership Requirements

Fill out membership form on SNO website & pay dues

To be an active member:

- 20 points completed in the semester (10 must be earned through volunteering AND 10 must be earned through participation)

To receive a SNO graduation stole:

- Be an active member for two consecutive semesters
- 25 points completed in the semester (with 10 points from volunteering & 10 from participation)



# Points Reminders

- 1 volunteer hour = 1 SNO point (10 points need to be from volunteering)
- Virtual and in person volunteering events available on events document (on SNO website)
- Points for each event are listed on the events document
- Must take selfie/screenshot at all SNO volunteer events and email it to our secretary, Iveth ([sdsu.sno.secretary@gmail.com](mailto:sdsu.sno.secretary@gmail.com))
- Attend SNO meetings

# SNO Ambassador Program

This is an opportunity for you to promote and represent SNO wherever you go! Whether that be your classes, where you volunteer, or in other organizations

## Requirements:

- Be an active SNO member for at least one semester
- Have an active social media account

## Commitments:

- Tasks include reposting sdsu resources and sno events/meetings on social media platforms
- Must attend ECRT Student Support Advocate Training
- Must attend ONE Leadership Certificate Info Session through Student Life and Leadership
- Taking leadership in engaging with new members
- Maintain active member status throughout the semester
- Join 2 meetings throughout the semester with the Events Coordinator

\*One semester commitment

*Be an ambassador!*

**Earn 4 Volunteer Points  
+ 4 Participation Points**

Go to the “Resources” tab at [www.snosdsu.org](http://www.snosdsu.org) to Apply.  
Will be accepting Applications until September 7th.

# Upcoming Events

- **DPD Internship Workshop**
  - Part I Workshop
    - Friday, September 9 from 10am–12pm
    - Location TBD
  - Part II Workshop
    - Friday, December 2nd from 10am–12pm.
    - Location TBD
- **Game Night With SNO**
  - Participation points will be given. 1/hr
  - Where: Mata'yuum (212) Aztec Student Union
  - When: Thursday, September 29
  - Duration: 6pm–9pm
- **Beach Bonfire with SNO**
  - Date and Time TBD

# DPD Mentorship Program

Student Nutrition Organization  
x  
Didactic Program in Dietetics



## Join the DPD Mentorship Program!



This program is for students interested in, or already in, the **Didactic Program in Dietetics (DPD)**

This is a great opportunity to connect with upper-level students and professors! Get help navigating your way into the DPD, preparing your portfolio, searching for internships and graduate programs, and enhance your knowledge of all possible future careers in dietetics!

Mentors are graduation seniors and graduate students enrolled in Nutrition 409. Mentors and mentees will meet at least two times, virtual or in-person, over the semester.

**SIGN-UP DEADLINE: September 16**  
Sign up to be a mentee at [www.snosdsu.org](http://www.snosdsu.org)

Great way to gain information about the DPD program, dietetic internships, nutrition careers, and more!

Sign up on the SNO website under “Resources”

**Deadline to sign up is September 16th!**

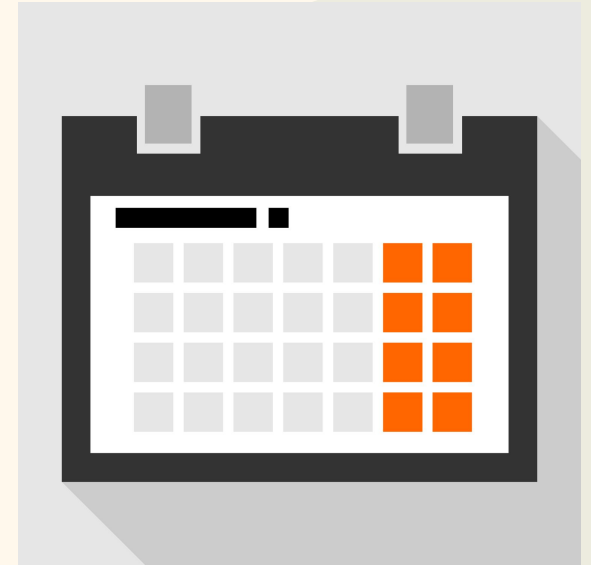
# Next Meetings Sneak Peak

- 9/12 – Karen Fontenette

Heaven's Window Director

- 9/26 – Shirin Hooshmand

Professor and Researcher at SDSU



# Gala Dinner & Silent Auction

## April 8th Natural History Museum



If you or your family would like to help contribute to putting on this amazing event, we are accepting monetary donations at this time!

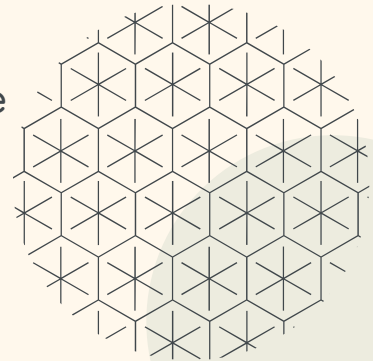


Please reach out to our Gala Coordinator, Sydney, at [sdsu.sno.galacoordinator@gmail.com](mailto:sdsu.sno.galacoordinator@gmail.com) with more information!



# Gab and Grub

- Catering event for ENS Staff
  - **Volunteering** points
  - **Participation** points – wearing a SNO shirt
- Begins on October 12
  - – Will occur every 2nd and 4th Wednesday of the month
  - – Prep day – TBD
  - – Hours – TBD
  -
- Will need a Food Handler Certificate
- More information will be shared, the earlier you get this the better!!!
- For any questions
  - – [sdsu.sno.cateringmanager@gmail.com](mailto:sdsu.sno.cateringmanager@gmail.com)



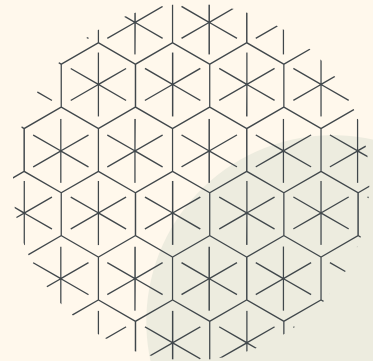


# Nutrition Education Opportunity

- Opportunity with San Diego county senior centers
- Practice counseling and presentation skills using premade presentation material
- Contact Nick Portoni for details @ [sdsu.sno.vicepres@gmail.com](mailto:sdsu.sno.vicepres@gmail.com)



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# Thank you for coming!



Follow on Instagram and join our groupme and email list to stay updated on announcements, social events, and volunteer opportunities!!  
[@sno.sdsu](#)

