



Student Nutrition Organization



General Body Meeting #1
February 7th, 2023



President



Vice President



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Treasurer



Secretary



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Events



Public Relations



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Social



Gala



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Catering



“ Outreach



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Chat Ice Breaker

Pick 1 Option
to Share in
the Chat!

- Favorite Professor
@ SDSU & a Food
Most People Like
That You Dislike

- Favorite
Nutrition Class
& Favorite
Cheat Meal

Volunteer Opportunity on Campus

Catering

First Catering of the
Semester : March 8th

Prep-day : Tuesday

Grab and Gub :
Wednesday

To receive updates for catering and
Sign-up for catering each week
make sure to be in GroupMe.



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DPD Mentorship Program



The DPD is looking for Mentees to join the DPD Mentorship program. If you or someone you know may be interested, scan this QR code (link available in SNO IG bio as well).



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Maintaining Membership + Dues



Dues are \$20 if paid by: February 19th

\$25 after, must be paid by March 31st to receive an active member letter for Spring 2023

Please be sure to fill out the membership form AND submit payment

Payments can be made via:

- Venmo (@SNO_Paige_Sullivan)
- For cash or check, email sdsu.sno.treasurer@gmail.com



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Points Reminder

For Active Membership

To Log Points, Send pictures of you at an activity to sdsu.sno.secretary@gmail.com

Volunteer

10 Points
(required at
minimum)

Participation

10 Points

Total

20 Points (minimum
for active
membership)

Stole

Must be an active
member with 25 points
(10 points must
volunteering) for 2
consecutive semesters

Example

For Active Membership

To Log Points, Send pictures of you at an activity to sdsu.sno.secretary@gmail.com

Volunteer

12 Points

Participation

8 Points

Total

20 Points
(Active Member)



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More on Points

Tracking Points

Track Points on Membership Spreadsheet on www.snosdsu.org

Go to Resource tab → Membership Points → Click on “SNO Points”

Need Ideas for Earning Points?

See Events Spreadsheet in “Events” tab on www.snosdsu.org!

It contains many volunteer and social opportunities for you to get more involved with SNO!



SNO Grad Stoles

- We are finalizing grad stole details!
- Iveth will be sending out a stole interest form soon
- In order to be eligible for a grad stole, you must meet all the grad stole requirements



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Gala Info

The 2023 Gala is so soon!

Details:

- April 8th, 2023
- San Diego Natural History Museum
- Regular tickets: \$95
- Student tickets: \$70
- We will be running a student raffle beginning 2/10 and ending 3/6. Each entry will be \$5, venmo to @SNO_Paige_Sullivan, no limit on entries!
- If you know anyone who would be interested in attending the gala, please contact them and send them the eventbrite link you will receive via email. Additionally, if you have any connections to companies that would be willing to donate a silent auction item, we would greatly appreciate any and all donations!

Any questions/concerns/comments? Email
@sdsu.sno.galacoordinator@gmail.com

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Upcoming Events + Opportunities

Create a Blog Post or an Instagram Post for SNO

- 1 participation point per post created
- See the “Virtual Opportunities Tab” in the Events Spreadsheet for more information

ENS Coffee & Conversation: Thursday 2/9 from 10am-12pm in WC-203

- Featuring coffee, donuts, and getting involved with the ENS faculty and department!
- 1 participation point per hour attended; see RSVP on flyer in GroupMe and SNO email or scan this QR code



ENS Transfer Mixer: Thursday 2/9 from 3-5pm at Scripps Cottage

- There will be pizza, community building activities, a raffle, and many more!
- 1 participation point per hour attended; pls fill out RSVP form: [RSVP Form](#) . RSVP available in GroupMe and SNO email as well

Group Volunteer Events TBD

- Brightside
- Salvation Army
- Feeding San Diego

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SNO Ambassadors

Caitlyn Jones
Corissa Williams
Jasmine Zand
Abby Paulson
Annie De los Santos
Fatima Lansana
Jennifer Villalobos



Social Event

LARGE GROUP
SOCIAL: Ice skating
public session!!!!

- Location: Kroc Center
- Date: February 26, 2023 @ 12:30-2 pm
- Entry price: \$20



Barcode to Skating
Interest Form

**** Group Rate - \$15 - Groups must have 20 or more skaters to receive group rate.**

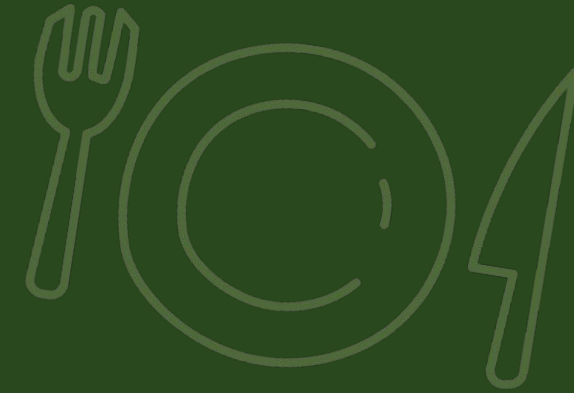
In order to receive group rate, I must know how many people are planning to attend!

FILL OUT THIS FORM TO ATTEND !!!

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Social Event



FEBRUARY SMALL GROUP
SOCIAL EVENT OPTIONS:



Small Group Social!



Dinner for 4: Choose a cultural restaurant that you and your group are unfamiliar with.



SNOing with Films: You and your group go to the movies!

SMALL GROUP SOCIAL
DEADLINES:

IF INTERESTED, SUBMIT BY 2/10



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2023 National Child Nutrition Conference Workshop Schedule

Virtual Track

Tuesday, April 11th									
3:15 pm - 4:15 pm	Workshop Sessions One	Healthy Habits Count	Accommodating Participants with Disabilities in Community Meals - CRD	Active Play to Combat Obesity	Sponsoring Summer Food: Keys to Financial Management	Accountability & Leadership	A Fresh Take on Water in the CACFP	Best Practices in Garden to Early Childhood	Who is Providing for Child Care Providers?
Wednesday, April 12th									
9:15 am - 10:15 am	Workshop Sessions Two	CACFP Administrative Review Advice	Civil Rights 101: Compliance with Civil Rights Requirements - CRD	The Ecological Approach to Family Style	Fostering a Positive Work Culture	USDA National Breastfeeding Campaign - SNAS	Encouraging a Growth Mindset Around Child Nutrition	Navigating Special Diets	Nutrition Impacts on Brain Development
10:30 am - 11:30 am	Workshop Sessions Three	Serving Communities Year-Round through Afterschool Meals and the SFSP - CMPD	Establishing Equitable Food Systems in Early Care Through Procurement	Healthy Dads in Head Start	Breaking Down Tasks for Successful CACFP Sites	Utilizing Cycle Menus in the CACFP	Addressing Feeding Concerns & Nutrition Therapy	Reconstructing Traditional Hispanic Meals for a Healthy Menu	STEM in the Kitchen
2:45 pm - 3:45 pm	Workshop Sessions Four	Tailoring Menus to Accommodate Special Diets	Inviting All Voices: Developing Equitable Policy and Practices	Emergency Preparedness in Head Start	CACFP Administrative Budgets - PMOS	Customer Service Skills in the CACFP	Breastfeeding at CACFP Sites	Fuel Your Mind & Body: Menu Planning, Nutrition, & Activities	Engaging Your Community in Your Meal Program
4:00 pm - 5:00 pm	Workshop Sessions Five	Meal Innovations: Maximize Labor and Mitigate Supply Chain Issues	Conducting Monitoring in the CACFP for Head Start	Investigating Fraud, Waste & Abuse in Federally Funded Programs	Non-Profit Board Recruitment and Development	Ask Us Anything About Food as Medicine	Mastering Milk Requirements in the CACFP - NETTA	Fostering Mental Wellness Through Physical Activity	On-Trend CACFP Recipes
Thursday, April 13th									
8:00 am - 9:00 am	Workshop Sessions Six	Body Positivity and Cultivating Good Relationships With Food	Child Nutrition Reauthorization-Continued Advocacy for CACFP	Impacts of Sodium: Shaping Healthy Food Preferences	Resilience Is Everything	The CIGN Presents an Exploration of Flavor	A Rainbow A Week: Embracing Our Meal Patterns	Planting the Seeds of Gratitude, Respect & Nurture for Nature	Serious Deficiency Process - PMOS
9:15 am - 10:15 am	Workshop Sessions Seven	Advocating for a Third Meal	Head Start Nutrition Services Are a Health Equity Intervention	Program Compliance and Audit Preparedness for Sponsors	Maintaining Employee Engagement & Organizational Support Remotely	Decolonizing Nutrition	Storytelling to Promote Healthy Eating Habits	Beyond Beans: A Guide to Plant-Based Menus	Clean, Separate, Cook, Chill: Food Safety in Child Care

Childhood Nutrition Conference (4/11- 4/13)

- Volunteer Opportunity
- Attend Workshops
- Opportunity to Present
- Contact

sdsu.sno.vicepres@gmail.com

if interested.



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Next 3 Meetings at a Glance

Meetings will take place Thursdays from 11am-12 pm in a TBD room going forward



Thursday February 23rd: Ambassador TakeOver!!

Ambassadors will be leading interactive nutrition-focused presentations that are sure to entice any nutrition fanatic! You won't want to miss this!!

Thursday March 9th Guest Speaker Dr.Liu

Dr. Liu will be discussing his research in Food Chemistry and what he enjoys in his field as not only a food chemist but as a professor too.

Thursday March 23rd Resume Workshop Day!

SNO will be hosting a workshop to help members craft a resume and ensure you are checking all the boxes employers and professors are looking for!



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Special Zoom Event

With Special Guest Speaker Marissa Becerra

We will be hosting a zoom event on February 21st, from 11am-12pm. Marissa Becerra is a Diet Clerk and she will be discussing her career and what she does in her role at her clinic.



Fall 2022 Merch



If you have not yet picked up your Fall 2022 merch, please reach out to Jade (sdsu.sno.pr@gmail.com) or DM the SNO Instagram account

If you ordered Black Friday merch, please reach out to Jade with the item(s) you ordered and your proof of payment (Venmo screenshot)



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Thank You!



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www.snosdsu.org



@sno.sdsu

